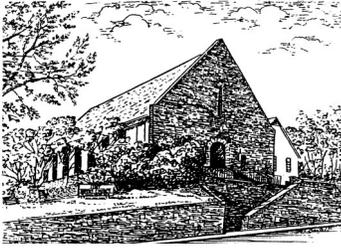


The Good News



June 2016



First Baptist Church of Tryon

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Jeffrey C. Harris, Pastor

Candace B. Wilson,

Minister of Music and Christian Formation

Chat with the Preacher

Summer is a great time for Sabbath

I love this time of year. Or at least I did when I was a student. And it's not because of the increasingly warm temperatures, or the mosquitoes that seem to accompany said temperatures. There are two words that capture my love of this season: "summer" and "break."

Summer break is an amazing gift that you can only fully appreciate when you no longer have one.

A good friend of mine enjoyed summer break so much that he decided to become a teacher. He liked Christmas break, too; but summer break was the driving factor of his vocational choice. (And just for the record, he's a fine teacher who no longer teaches simply because of summer break—although it's still his favorite time of year.)

One of the great benefits of school calendars is that there are clear beginnings and endings, with breaks in between. These beginnings, endings, and breaks provide a helpful rhythm that help keep you engaged and fresh.

But the rest of the world rarely works this way. While weekends and vacations provide leisure and renewal, we essentially go from one day to another without great distinction. And while the church's calendar and the culture's calendar do provide rhythm and structure, neither provides anything like summer break.

There is, however, a commandment within the Jewish and Christian traditions about taking a break.

The Hebrew Scriptures begin with a beautiful, poetic account of Creation. For six days, God creates the cosmos and after a long week's work God kicks off his shoes, whistles a tune, and sits for a spell. The Scriptures record it this way, "So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation" (Genesis 2:3).

These rhythms of work and rest are such an essential part of our being that God commands us to do nothing for one day out of every seven: "Observe the Sabbath day and keep it holy, as the Lord your God commanded you. For six days you shall labour and do all your work. But the seventh day is a Sabbath to the Lord your God; you shall not do any work" (Deuteronomy 5:12-4a).

If the Almighty needed a break, is it probable that we might too?

Keeping Sabbath isn't a mere suggestion for Jews and Christians, it's one of the ten commandments. Ironically, we (by we, I mean Christians; Jewish tradition continues to take the practice of Sabbath seriously) tend to ignore the one commandment that says we can "kick back, relax, and do nothing for the day." Doesn't make any sense.

Except that our culture doesn't reward Sabbath. Instead, we worship work and celebrate busyness. We keep busy at all costs; ultimately believing we are what we produce. Limiting our busyness does little to enhance our status. While doing more makes us feel important and needed. So we go and go and go.

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Chat with the Preacher

(con't from last pg.)

Taking a break is hard.

Sabbath invites us to slow down, breathe deeply, and open our selves to the Creator who longs to renew us. After all, Sabbath isn't something we have to do, it's something we get to do. Sabbath is a gift. As Jesus explained, "The Sabbath was made for human-kind, and not humankind for the Sabbath" (Mark 2:27).

So I hope you can enjoy some Sabbath-breaks this summer.

Here are a few we are offering:

- Whitewater Rafting on the French Broad River, June 16
- Backpacking Retreat, July 8-10
- Camping on the Davidson River, July 22-24
- Carowinds, July 26
- Asheville Tourists Baseball Game, August 7
- Plus, in July there will be no Sunday School, and Worship will begin at 10am. We hope this "change of pace" will encourage rest, renewal, and attendance.

In addition to the Sabbath-breaks First Baptist is offering, here are some of my favorites:

Take a nap. Enjoy a hike (Black Balsam Knob is hard to beat). Walk on the beach. Read a book (or three). Go swimming. Use the grill more than the stove. Eat at least one really good watermelon. Feast on tomato sandwiches (with Duke's mayonise and black pepper). Go fishing. Soak in the river. Lounge on the couch (or by a shade tree). Listen to live music. Dine with friends. Catch a baseball game. You get the idea.

Take a break. Do no work. And enjoy it!

Thus saith the Lord!

Grace and Peace, *Jeff*



OPPORTUNITIES

GROCERY BAGS NEEDED

We collect plastic grocery bags for Thermal Belt Outreach Ministry, as there is a constant need for them at TBOM's Food Pantry. Bring your excess 'baggage' here to help—there's a large receptacle in the closet across from the Lair Sunday School room.

ITEMS FOR VISITATION TEAM

The Visitation Team is gathering supplies to take to nursing home residents and our homeboond members, and we need your help! Needed items are listed below. Boxes are located in Dr. Lair's and Phil Scoggins' Sunday School classrooms. This will be an on-going project, so please remember this list as you do your weekly shopping.

Emery boards, nail clippers

Toothbrush, toothpaste

Face powder, lipstick, blush

Clip-on earrings, necklaces, bracelets

Deodorizers for rooms

Comb/Brush/Hair pick

Dry shampoo, soap, body wash

Handkerchiefs, Kleenex, wipes

Vaseline for lips, lotion

Socks, bibs, lap quilts, throws

Shawls, scarves, activity/lap blankets

Notecards, pens, stamps

Baby dolls

Adult coloring books, colored pencils

Find-a-word and crossword puzzle books

FIRST BAPTIST CHURCH FAMILY

HARMON FIELD WORSHIP, MAY 22



May 22 was a wonderful day to worship outdoors at Harmon Field. The weather was cooperative, the picnic food was delicious, the music from Phil and Gaye Johnson was a delightful accompaniment, and we got to witness the baptisms of our newest members, Brian and Angela Radaker. We are thankful for the gift of baptism, and for the opportunity to share in it together.



BLUE RIDGE RINGERS CONCERT MAY 22



HOOKED! FISHING AT DERBYSHIRE, MAY 21



**REFUGE END-OF-SEMESTER, WORKING AT THERMAL BELT
OUTREACH MINISTRIES AND SPLITTING WOOD**



OPPORTUNITIES

WHITEWATER RAFTING

You have a chance to keep cool this summer by joining us on a whitewater rafting trip down the French Broad River. The date of the trip is Thursday, June 16.

CBF GENERAL ASSEMBLY

The 2016 CBF General Assembly is June 20 to June 24, at the Sheraton Greensboro in Greensboro, NC. To register, go to the CBF website and make your reservation. The complete address is Sheraton Greensboro/Koury Convention Center, 3121 Gate City Blvd., Greensboro, NC 27407. You may also call at (336) 292-9161.

DR. BILL HENDERSON TO PREACH ON JUNE 26

As part of First Baptist's 125th Anniversary celebration, Dr. Bill Henderson will return to the pulpit as a guest preacher. There will be a small reception for Dr. Henderson in the Lair Sunday School room that morning during Sunday School.

FIRST BAPTIST WEDDINGS!



Look for a wonderful June display in the narthex, created by Lib McKeller and Shirley Edwards, that celebrates the weddings that have taken place at First Baptist over the years. Thanks to all who lent wedding pictures! More surprises are in store during the summer. Remember to mark your calendar for the big 125th Anniversary Celebration—it's October 2nd at 10:30am.

THERMAL BELT OUTREACH CELEBRATES 25 YEARS

We partner with Thermal Belt Outreach Ministries in order to reach folks in our own community. TBOM is celebrating their 25th anniversary with an all-day open house on Tuesday, June 28. Drop in any time to see what they do for our community.

SPIRITUALITY BACKPACK RETREAT JULY 8-10

We had a great time backpacking in the Grayson Highlands / Mount Rogers area last year, and we're looking forward to another great trip. This year's retreat will be July 8-10. I hope you'll consider joining us.

The purpose of the backpacking trip is to provide an opportunity for Sabbath in a natural environment and to help participants explore opportunities for prayer and silence. We'll also have a lot of fun! This trip is open to anyone 16 or older who can carry at least 30 pounds on his/her back, while hiking 5 to 7 miles per day in mountainous terrain. If you are under 16, you must be accompanied by a parent.

VBS AUGUST 1-4

Vacation Bible School at FBC is scheduled for Aug 1-4 (Monday-Thursday), 6-8pm. This year's theme is "Surf Shack: Catch the Wave of God's Amazing Love." We need your help. We are looking for preschool teachers and leaders. For children grades 1-5 we need activity center leaders in Bible storytelling, crafts, recreation, and missions. We also need adult guides for age-level groups, an assembly leader, supply coordinator, and publicity coordinator. If you would be willing to help with VBS in any of these areas, please contact Candy Wilson.

HAPPY MOTHER'S DAY FROM OUR VISITATION TEAM!



The Visitation Team made gift bags for Mother's Day, for fifteen of our sweet mothers of Tryon First Baptist Church . We were a little short-handed with vacation time starting, and we were happy to have Diane Guffey help us out with putting our bags together. I feel so very blessed to be a part of the Visitation Team as I know all the team members are. We are the ones who get to see the smiles that our visit and small gift brings. We hear the sincere thank-yous. We feel the hugs. Sometimes we even share a tear together. What a true blessing, and what a wonderful team to a part of!

-Linda Fincher and the Visitation Team



Hooked



The David Stillerman Fishing Project of FBC Tryon

First Baptist Families,

We'd love to have you go fishing with us.

While Hooked is great for parents and children, everyone is welcome!

You do not need any fishing equipment (you can certainly bring your own if you wish), experience, or license. We will supply fishing equipment, instruction, drinks, and a light dinner. We do ask that at least one parent be present with children. This is great opportunity to foster friendships with each other, and with others from our community (especially with foster children and those involved with Big Brothers/Big Sisters.)

Here are a few reasons we think "Hooked" is worthwhile:

- Get outside . . . teach kids and others to enjoy and respect the outdoors.
- Encourage friendships . . . with children and with adults.
- Learn how to fish . . . fishing is a great hobby, that teaches patience and perseverance, builds confidence, and can be enjoyed for a lifetime.
- Have fun!

We'll go fishing at these times and places, and hope that you can join us:

June 12	Tryon Estates, 2-5pm
Sept 25	White Oak Mountain, 2-5pm
Oct 16	Tryon Estates, 2-5pm

If you plan to attend, please RSVP, as that will help provide the correct amount of fishing equipment, volunteers, and food.

**For more information or to RSVP please call:
First Baptist Church of Tryon at 828.859.5375
or by texting Jeff Harris at 828.899.1386
or by emailing jeffreycharris@gmail.com**

2016 Schedule for First Baptist Church, Tryon, NC

Regularly Scheduled Weekly Activities (unless otherwise noted) include:

Sundays	Sunday School, 10am Worship, 11am Children's Choir (grades 1-5), 5pm Refuge (grades 6-12), 6pm
Wednesdays	Bible Study, 10am Handbell Rehearsal, 6pm Chancel Choir Rehearsal, 7pm

Regularly Scheduled Monthly Activities (unless otherwise noted) include:

1 st Monday of each month	Mission Team, 5:30pm
1 st Tuesday of each month:	WMU, 10am
2 nd Tuesday of each month:	Sisterhood, 7pm
3 rd Monday of each month:	Brotherhood, 6:30pm
3 rd Tuesday of each month:	Deacons, 6pm

This is the current schedule for the year. Please note some things may be re-scheduled, added, or changed as needed. If changes occur, you will be notified by email, worship bulletin, newsletter, or announcement in worship. If you have any questions, please contact the church office.

Thank you.

JUNE MISSION EMPHASIS – Food for Thermal Belt Outreach Ministry

Sun, Jun 5	Graduate Sunday, 11am
Sun, Jun 12	Celebration of The Lord's Supper, 11am HOOKED Fishing Event, Tryon Estates, 2pm-5pm
Thu, Jun 16	Rafting trip, French Broad River (sign-up sheet)
Wed-Fri, Jun 22-24	CBF General Assembly, Sheraton Greensboro, Greensboro, NC
Sun, Jun 26	Dr. Bill Henderson preaching as part of our for 125 th Anniversary Celebration, 11am
Wed-Sat, Jun 29-Jul 2	PassportKids! Camp – Converse College, Spartanburg

JULY MISSION EMPHASIS—Christmas in July Offering (CBF Global Missions/Lottie Moon)

Fri-Sun, Jul 8-10	Backpacking Retreat
Fri-Sun, July 22-24	Church Camping Trip to Davidson River (sign-up sheet)
Tue, Jul 26	Carowinds (sign-up sheet)
Sun, Jul 31	I Love My Church Offering (collected on fifth Sundays) Quarterly Church Conference No Evening Activities

2016 Schedule for First Baptist Church, Tryon, NC (con't.)

AUGUST MISSION EMPHASIS—Back to School (School Supplies)

Mon, Aug 1-Aug 4 Vacation Bible School
Sun, Aug 7 Celebration of The Lord's Supper, 11am
 Asheville Tourists Baseball Game, 2pm

SEPTEMBER MISSION EMPHASIS—#GraceltForward Mission Day Planning

Sun, Sep 11 SEE (5-6:30 pm)
Sun, Sep 25 SEE (5-6:30 pm)

OCTOBER MISSION EMPHASIS – Mission Initiative, Distribute Shoe Boxes

Sun, Oct 2 125th Anniversary Celebration and Meal
Sun, Oct 9 SEE, 5pm
Sat, Oct 15 #GraceltForward Mission Day
Sun, Oct 23 SEE, 5pm

 Children's Fall Party (P-S through grade 5)
Sun, Oct 30 I Love My Church Offering (collected on fifth Sundays)
 Quarterly Church Conference

NOVEMBER MISSION EMPHASIS – Coat drive; Shoe Boxes

Sun, Nov 6 All Saints Sunday
Sun, Nov 13 SEE, 5pm
Sun, Nov 20 Communion Sunday
 Community Thanksgiving Service

DECEMBER MISSION EMPHASIS—Angel Tree (Thermal Belt Outreach); Kathy's Kids

Sun, Dec 4 Annual Christmas Dinner
Sun, Dec 18 Caroling, 3pm
Sat, Dec 24 Christmas Eve Worship, 5pm
Sun, Dec 25 Christmas Day Worship, 11am

June Sunday Schedules

Deacons for June

*Marian Corn
Ed Justice
Stephen Brady
Susan Smith
Johnny Taylor

**denotes Lead Deacon*

Ushers for June

Walt and Cathie Gee (front)
Ashlyn Green (hall)
Joyce Scoggins (side)

Acolytes for June

6/5 Caitlin Britton & Jack Fox
6/12 Lord's Supper—no acolytes
6/19 Luke Walker & Olivia Miller
6/26 Verae Upton & Elliott Whiteside

Children's Church Workers for June

6/5 Susan Smith
6/12 Stephanie Mathis
6/19 Brad & Hannah Crawford
6/26 Cindy Dusenbury

Our Christian love and sympathy are extended to the family and friends of Dr. Joseph Emery, who died May 11.

We also extend love and sympathy to the family of Jerry Barnette, who died May 31.

June Milestones

Anniversaries

6 Edward & Bernice Culbreth
6 Vernon & Raye Dusenbury
7 Scott & Kathyanne Harding
8 Rick & Debby Covil
16 Jim & Rachel Hawkins
17 Dave & Sue Thompson
19 John & Laura Spinks
19 Dick & Candy Wilson
27 John & Jan Perry
30 Stephen & Nancy Brady

Birthdays

1 June Brady
2 Stan Bishop, Harold Burrell, Alisa Constance, Madi McKaig ('99), Lib McKeller, Phil Scoggins
4 Matt Corn, Erin Fox
5 Mary Prince, Keen McFarland
6 Andrew Harding
7 Paula Edwards
10 Mary Gibbs
11 Carey Metcalf Hudson
12 Rebecca Laughter
14 Sydney Waldman ('02)
15 Christy McCall
16 Natalie Lobo ('03)
17 Ed Britton
18 Mark Smith
22 Carl Campbell ('99), Gary Greene
23 Vernon Dusenbury
26 Kevin Blackwell
27 Phillip Edwards, Ruby Jones
28 Ben McEntire
29 Holland Brady ('96), Fran Goodwin
30 Megan Edwards ('06)

Student Birthdays

10 Brandon Britton